

# Male Fertility Intake Form

Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_

Your partner's name: \_\_\_\_\_ Age: \_\_\_\_\_

How long have you been trying to conceive? \_\_\_\_\_

Have you initiated any pregnancies? ☐ Yes ☐ No

Number of pregnancies with current partner \_\_\_\_\_

When was the most recent pregnancy? \_\_\_\_\_

Date of last prostate check-up \_\_\_\_\_ PSA results \_\_\_\_\_

Manual prostate exam results \_\_\_\_\_

*Do you experience any of the following symptoms?*

☐ Prostate problems

☐ Decreased libido

☐ Penile discharge

☐ Delayed stream

☐ Impotence

☐ Testicular pain

☐ Dribbling urination

☐ Erectile dysfunction

☐ Testicular swelling

☐ Urine retention

☐ Difficulty ejaculating

☐ Groin pain

☐ Incontinence

☐ Premature ejaculation

☐ Rectal pain

☐ Increased libido

☐ Nocturnal emissions

Other \_\_\_\_\_

Have you been evaluated by an urologist? ☐ Yes ☐ No

Name of your urologist: \_\_\_\_\_

Have you had a western medical diagnosis relating to infertility? If so, what was it? \_\_\_\_\_

Have you had a fertility work-up done? ☐ Yes ☐ No Date: \_\_\_\_\_

*Please provide the semen analysis results*

## Semen analysis parameters

## Results

## Values

|                     | Below normal             | Normal                   |       |                   |
|---------------------|--------------------------|--------------------------|-------|-------------------|
| Volume              | <input type="checkbox"/> | <input type="checkbox"/> | _____ | ml                |
| Sperm concentration | <input type="checkbox"/> | <input type="checkbox"/> | _____ | Million cell / ml |
| Motility            | <input type="checkbox"/> | <input type="checkbox"/> | _____ | %                 |
| Morphology          | <input type="checkbox"/> | <input type="checkbox"/> | _____ | % norm forms      |
| Vitality            | <input type="checkbox"/> | <input type="checkbox"/> | _____ | %                 |

What was the sperm Ph? \_\_\_\_\_

*Have you ever had any of the following tests or surgical procedures?*

| Blood Tests | Tests / Procedures   | Date | Results | Comments |
|-------------|----------------------|------|---------|----------|
|             |                      |      |         |          |
|             | Testosterone         |      |         |          |
|             | TSH                  |      |         |          |
|             | Antisperm antibodies |      |         |          |
|             | DQ alpha             |      |         |          |
| Surgeries   | Vasectomy            |      |         |          |
|             | Vasectomy reversal   |      |         |          |
|             | Testicular biopsy    |      |         |          |
|             | Varicocele ligation  |      |         |          |
|             | Hernia repair        |      |         |          |
|             | Undescended testicle |      |         |          |
|             | Testicle removal     |      |         |          |
|             | Other:               |      |         |          |

How often do you have intercourse?

How many times a week / month \_\_\_\_\_

Do you smoke? ☐ Yes ☐ No

How many of cigarettes / packs a day \_\_\_\_\_

Do you drink alcohol? ☐ Yes ☐ No

How many drinks a day / week \_\_\_\_\_

Do you use a hot tub? ☐ Yes ☐ No

How many times a week \_\_\_\_\_

Do you cycle regularly? ☐ Yes ☐ No

How many times a week / month \_\_\_\_\_

Have you been exposed to environmental toxins or hormones? If so, which ones? \_\_\_\_\_

Any other issues you'd like to us know about? \_\_\_\_\_